




PROGRAM AT A GLANCE

CONFERENCE DAY 1 – Friday November 8

0700-0800	Registration / Breakfast / Exhibits	Grand Ballroom Foyer /Grand Ballroom CD
0800-0830	Opening Ceremonies and Remarks	Grand Ballroom AB
0830-0930	Opening Keynote – Self-Compassion as a Way of Being Rising Strong. Wake Up! Listen. Learn.	Grand Ballroom AB
0940-1040	Concurrent Sessions A	
	A01 – Labour and Birth	Junior Ballroom C
	A02 – Innovation	Junior Ballroom A
	A03 – Facilitating Leadership	Junior Ballroom D
	A04 – Gestational Diabetes	Parksville
	A05 – Family Support	Junior Ballroom B
1040-1110	Nutrition Break / Exhibits	Grand Ballroom C
1115-1215	Concurrent Sessions B	
	B01 – Capturing the Voices of Bereaved Parents: The Creation of Videos to Educate Healthcare Professionals on Skilled and Compassionate Bereavement Care	Parksville
	B02 – Perinatal Substance Use and Harm Reduction: Navigating the Challenges of Illicit Drug Use in the Acute Care Setting	Junior Ballroom C
	B03 – Facilitating Culturally Safe Indigenous Birth in Urban Labour and Delivery Environments	Junior Ballroom D
	B04 – Implementing and Evaluating Modified Early Obstetrical Warning Score (MEOWS)	Junior Ballroom A
	B05 – “Trauma Doesn’t Apply to My Practice” - Understanding the Impacts of Trauma in Women’s Health - Part 1 and 2	Junior Ballroom A
	B06 – The Influence of the Childbirth Process on Breastfeeding Initiation, Duration and Exclusivity in PEI	Port McNeill
1215-1330	Lunch / Exhibits	Grand Ballroom CD
1330-1430	Keynote – Exercise, Imaging and Escalation of Care – Simple Practice Changing Knowledge	Grand Ballroom AB
1430-1450	Nutrition Break / Exhibits	Grand Ballroom CD
1500-1600	Concurrent Sessions C	
	C01 – Perinatal Palliative Care	Junior Ballroom A
	C02 – High Risk Pregnancy	Junior Ballroom C
	C03 – Nursing Education	Junior Ballroom D
	C04 – NICU Best practice	Junior Ballroom B
	C05 – French Presentations / Présentations françaises	Parksville
1610-1730	CAPWHN CONNECT (ALL invited – Wine/beverage offered) Annual General Meeting	Grand Ballroom AB
1730-1930	Reception with Exhibitors	Grand Ballroom CD

CONFERENCE DAY 2 – Saturday November 9

0700-0800	Toonie Trot or Walk	North Tower Lobby
0800-0930	Registration / Breakfast / Exhibits	Grand Ballroom Foyer /Grand Ballroom CD
0830-0930	Knowledge Theatre (Session Sponsored by Anusol/Church & Dwight) Hemorrhoids: A Primer for Perinatal and Women's Health Nurses 	Grand Ballroom AB
0930-0940	Day 2 Opening Remarks	Grand Ballroom AB
0940-1040	Keynote – The Power of Paying Attention: Mindfulness in Perinatal Health Care	Grand Ballroom AB
1040-1110	Nutrition Break / Exhibits	Grand Ballroom CD
1115–1215	Concurrent Sessions D	
	D01 – Challenging Practice Issues	Junior Ballroom C
	D02 – High Risk Pregnancy	Junior Ballroom A
	D03 – Cesarean Birth	Junior Ballroom B
	D04 – Facilitating Leadership	Junior Ballroom D
	D05 – Breastfeeding Systems Support	Parksville
1215-1330	Lunch / Exhibits	Grand Ballroom CD
1330-1530	Specialty Sessions	
	SS01 – To Post or Not To Post? : Legal Risk Management in Social Media and Mobile Devices	Junior Ballroom C
	SS02 – Knowledge Translation: Strategies for Putting Evidence into Practice	Junior Ballroom D
	SS03 – Fetal Health Surveillance Instructor Skills Workshop: Engaging Learners Through Interactive and Fun Teaching Strategies	Parksville
	NOTE: SS04 WILL BE HELD 1400-1530 SS04 – Courage to be Compassionate. Cultivating Compassion Awareness	Junior Ballroom A
	SS05 – Co-creating Sustainable Rural Maternity Care: The Difference that Makes a Difference	Junior Ballroom B
1535-1635	Poster Presentations (with nutrition break)	Grand Ballroom Foyer
1645-1745	Concurrent Sessions E	
	E01 – Cesarean Birth	Junior Ballroom A
	E02 – Breastfeeding Support	Junior Ballroom B
	E03 – Supportive Care	Junior Ballroom C
	E04 – Challenging Practice Environments	Junior Ballroom D
	E05 – Transition Home	Parksville
1830-2100	Social Event - Vibrant Colours of the West Coast! Dinner and Entertainment	Grand Ballroom AB

CONFERENCE DAY 3 – Sunday November 10

0730-0830	Breakfast and Networking	Grand Ballroom AB
0830-0845	Day 3 - Opening Remarks	Grand Ballroom AB
0845-0945	Plenary – Fetal Health Surveillance Update	Grand Ballroom AB
0945-1000	Nutrition Break	Grand Ballroom AB
1000-1130	Concurrent Sessions F (45 minute sessions)	
	F01 – Nurse-Led Practice	Junior Ballroom A
	F02 – Vulnerable Populations	Junior Ballroom C
	F03 – Building Postpartum/Newborn Skills	Junior Ballroom B
	F04 – Interprofessional Teams	Junior Ballroom D
	F05 – Substance Exposed Newborn	Parksville
1140-1240	Closing Keynote – Implementing Best Practice to Enhance Provider and Patient Outcomes Healthful Outcomes: A Journey of Person Centred Practice	Grand Ballroom AB
1240-1300	Closing Remarks / Lunch to go	Grand Ballroom AB